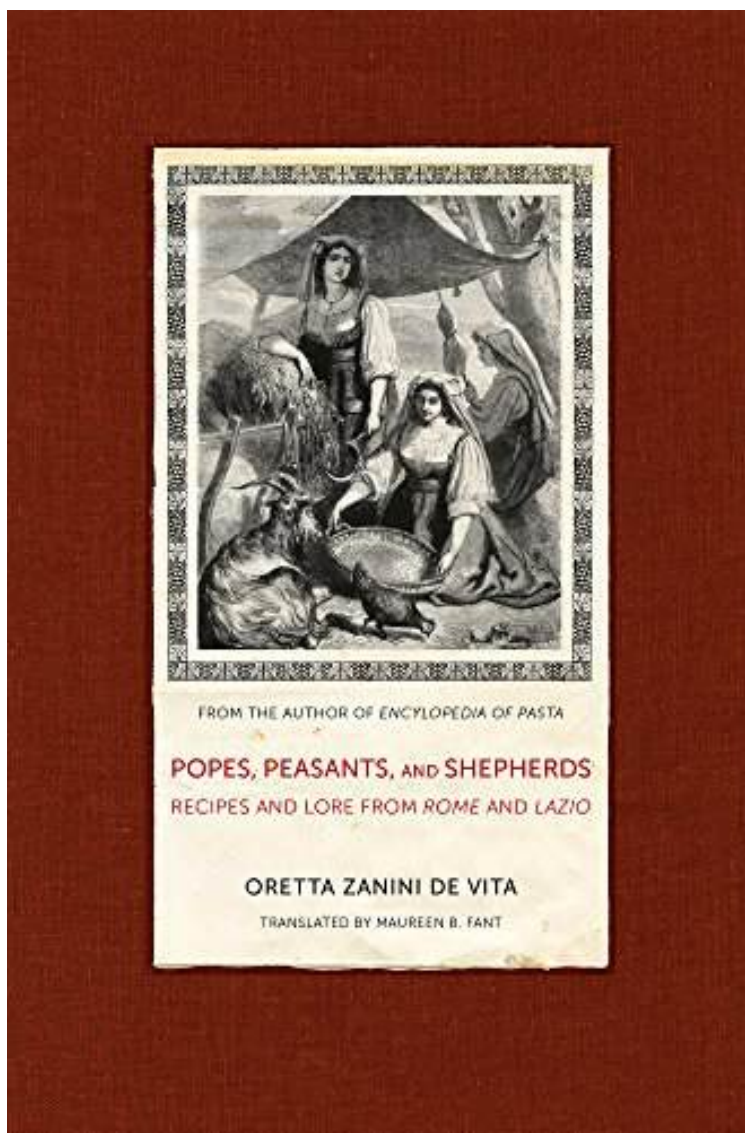


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Popes, Peasants, and Shepherds: Recipes and Lore from Rome and Lazio

By Oretta Zanini De Vita

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1 of 1 review helpful I particularly like that the focus of this book is on the Lazio region of Italy The first part of the book has a nice history of the region that I found very interesting then it moves to the recipes haven t tried any of them yet but will 1 of 1 review helpful Would like it better if it had so The food of Rome and its region Lazio is redolent of herbs olive oil ricotta lamb and pork It is the food of ordinary frugal people yet it is a very modern cuisine in that it gives pride of place to the essential flavors of its ingredients In this only English language book to encompass the entire region the award winning author of Encyclopedia of Pasta Oretta Zanini De Vita offers a substantial and complex social history of Rome and Lazio through
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